

# **BUILDING COMMUNITY**



For Area Commissioners, District Commissioners, Administrative Community Leaders, and Community Guiders

# Hosting and Leading

## **Best practices**

- Set the tone. Emotions are contagious.
- **Empathise** but don't get stuck in the drama.
- **Use generous authority.** Lead with the team's best interests and goals in mind.
- Arrive prepared to gatherings with a clear plan and agenda.

#### **Action**

- Choose the tone to set for the year.
- Share the theme with your team.
- Refer to it throughout the year.

# Try one of these sample messages:

# Questions to ask yourself

- What tone do I want to set?
- Who are we not hearing from?
  - o Who looks lonely or alone in the room?
  - O How can I bring them into the team?
  - What are our team's goals?
- What is the purpose of a given meeting?

# **Tone inspiration**

Fun	Bold	Daring
Welcoming	Connected	Curious
Empowered	Hopeful	Optimistic

As we work together this Guiding year, let's focus on being To me, this means In our next team meeting, let's create group norms to make our theme come to life.
Our team's theme this year will be In our next team meeting, we'll discuss ways that we can be in everything we do – even the paperwork!

# Getting to Know the Team

#### **Best practices**

- Consider whether your team members already know each other. It can take time for new members to feel comfortable opening up.
- Learn about their values to understand them better and help with conflict resolution.
- Learn about their skills and passions to help divide tasks and keep people engaged.
- Learn about their goals to help with personal development and long-term commitment.
- Share about yourself. Role model openness.

#### Questions to ask your team

- Why did you join Guiding? Why are you still a member? Why did you choose this role?
- Are there any skills you're looking to gain this year? How can I help you develop them?
- What brings you joy in Guiding and how can I help you achieve more of it?
- What challenges are you encountering? Can we come up with some ideas to try together?

#### **Action**

- Pick the 3 people you know least well on your team and send them a "how's it going?" text or email.
- Really listen and don't be afraid to dig deeper when they reply.

Try one of these sample messages:

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$\searrow$	Hey, I just wanted to check in as the Guiding year is gearing up. I'd love to hear what's going well and if there's anything I can support you with.
	Hi, Welcome to the team! One of my goals this year is to learn more about the people I'm supporting. Would you be willing to share a bit about yourself? I'd love to know what brings you joy.
	Hello, I know we've been Guiding together for a few years, but I'd love to get to know you better Here's something you might not know about me. Would you be willing to share something I might not know about you?

## **Effective Communication**

#### Best practices in emails

- Subject: Use "FYI" or "response requested by [date]".
- **BCC**: Use when sending emails to multiple people.
- Reply all: Use sparingly.
- **Timely reply**: Let people know if you're searching for an answer or not replying in a timely way for any reason.
- Emotional content: Wait 24 hours before responding.
- Out of office message: Set one when you'll be away from your email for a significant amount of time.
- **Formatting**: Use colours, bold, italics, indents, and bullets for long messages.

#### **Action**

Send out an email at the beginning of the year with:

Best practices in person

feedback privately.

communication.

Watch for and listen to non-verbal

Praise publicly, give constructive

Be present and listen actively.

- A bit about yourself.
- Relevant ways of work.
  - Your availability (e.g., I don't respond to emails on weekends)
  - o How often your team can expect to hear from you.
- The best way to reach you normally and in an emergency.
- Any questions you have for them.

## Questions to ask your team

What is the best way to reach you?

 You may not always be able to use that method, but it's helpful to know if you urgently need to contact someone.

Are there any accessibility roadblocks to communication I should be aware of?

 Is anyone colour blind? Does anyone need verbal communication rather than written?
 Does anyone have limited internet access?

# Ice Breakers

#### In-person

# **Hobby whodunnit**

- Have everyone write out three of their favourite activities or hobbies on a paper.
- Put the papers in a hat.
- Draw the papers one at a time and read them aloud and have everyone guess who it could be.

#### Connectedness circle

 Instruct the group to form a circle where they each have something in common with the person on either side of them (it doesn't have to be the same thing).

#### Virtual

# Overlap

- Ask each person to list their five favourites of anything (e.g., camp songs, movies, tv shows, books, outdoor activities).
- Have everyone put them in the chat and press send at the same time.
- Compare to see where people overlap.

#### **Commonalities**

 Task the group to come up with at least 5-10 things everyone has in common, not related to being human or being in Guiding.

#### Six-word biography

- Invite everyone to think of their six-word biography. This can be a sentence ("best summed up as
  articulate chaos") or simply a collection of words ("Leader, mom, knitter, trumpeter, rock-climber").
- Ask people to write their six-word biography on a sticky note and hand them to one person.
- Post the sticky notes around the room.
- Have people match the biographies to their author.
- Ask people to share their six-word biography in the chat.
- Ask anyone if they would prefer to unmute and share their words out loud.

